



## *Getting Ready for your Newborn Photography Session*

Sleepy, warm and fed baby equals happy baby

- ♥ Schedule your newborn photography session before 10 days of life, ultimately around day four is the preferred.
- ♥ Turn thermostat up to 80 degrees one hour prior to scheduled session
- ♥ Feed your baby right before the session.
- ♥ Communicate with me your baby's sleep and eating schedule so we can make the session comfortable for baby.

Prepare: Calm parents calm baby

- ♥ Prepare ahead of time- set aside the babies clothes, beanies, mementos, blankets and anything your want included in the session (family Heirlooms, special gifts and unique items).
- ♥ Newborn Photography can be messy, be prepared with plenty of towels and wipes
- ♥ There is no rush. Every session is unique and special. Every baby is so precious, you will get picture that are amazing and capture the essence of your baby.

Wear light or dark solids

- ♥ What you wear can highlight your beautiful bundle of joy. Parents dressed in white/light or black/dark clothing works the best. Avoid prints or patterns.

Call me and text me with any questions or concerns.  
Thank you for choosing *Rising Lotus* PHOTOGRAPHY.